



St. Brendan School Advisory Board Meeting
November 12, 2024 @ 7:00pm, Wellnitz Hall

Agenda Topics		Topic Owner
1	Call to Order <ul style="list-style-type: none"> Meeting called to order 7:04 	Ted Nix
2	Attendance; Carla Bruggeman, Erin Owsley, Chuck Boyle, Shaun Casterano, Brad Fusco, Fr. Dooley, Mike DeMassimo, Ted Nix, Matt Adams, Marie Adams, Christine Mack, Maria Gluys	Marie Adams
3	Opening Prayer	Chuck Boyle
4	Home and School Association Report <ul style="list-style-type: none"> General Update <ul style="list-style-type: none"> Secret Santa Shop- Dec 5&6 Food Truck Tailgate successful - filled ½ the truck for Leveling Up (sports equipment) Classrooms - Auction Update - started personal and corporate donations. Now doing more digital communications, Working on GiveSmart renewal. Decorations going well - 80's theme. New this year - live band, guys & girls specialty drinks. <ul style="list-style-type: none"> Want to ensure the auction stays affordable - relying on corporate sponsors to offset costs. March 1, 2025 is Auction date 	Matt Adams
5	St. Brendan Health & Wellness Update <ul style="list-style-type: none"> Wellness Policy is required for National School Lunch Program Each school has one, and the diocese has one This program provides funds for qualified claims and subsidizes lunch costs The government will come in and test our policy in December. We reviewed the policy, discussed its functionality and voted to approve the policy. We will post it along with our Minutes on the SAB website and the FACTS website. Motion to Approve - Shaun Casterano 2nd - Maria Gluys 	Carla Bruggeman
6	Pastor's Comments: <ul style="list-style-type: none"> Installation Mass this weekend - Saturday 5:30 Mass. Bishop will be here to install Fr. Dooley as Pastor. Planning to do a visit to the preschool at St. Margaret of Cortona. 8 of those kids have applied to come to Kindergarten at St. Brendan 	Fr. Sean Dooley
7	Principal's Report: <ul style="list-style-type: none"> General Updates <ul style="list-style-type: none"> Everything going well. Everyone is tired, but it's a very encouraging environment, and progress is being made. Accreditation Update 	Mike DeMassimo

OUR MISSION:

St. Brendan School is dedicated to educating children in a Catholic community where spirituality is fostered, uniqueness is valued, and potential is realized.

OUR VISION:

St. Brendan School will be an affordable school of choice within the community which develops and fosters well-rounded individuals of high moral character based upon Catholic values

	<ul style="list-style-type: none"> o External accreditors came in and it went very well o Judged on 38 items. We have only 5 recommendations. o Have asked to fast track approval to the Spring of 2025 so that we can move to implementation. o Ultimate goal is to make our children Saints. o Will go through accreditation every 4 years. Run the plan for 4 years and then start re-evaluation in year 5. <ul style="list-style-type: none"> ● Middle School/High School Transition Plan in the next 3 years. Geared toward the kids. We would like to also include direction for parents about the entrance processes for the different schools. ● Star Frequency/Goals- diocese requires 3 windows of testing. St Brendan uses 5. Same time, same setting. Try to keep all variables the same. Use the data for special needs plans (IEP, 504s), but he would like to use them to see if kids are being challenged as well. The teachers use them as well for discussion and evaluation. ● Stage being completed soon. Parish completing. ● Enrollment is sitting at 543 with waiting lists in all grades 	
8	<p>Chair's Report: Discussion Items:</p> <ul style="list-style-type: none"> ● Spanish curriculum - will be evaluated as part of a larger discussion on what the school needs the most and would need prioritized among other needs. ● Grade Scale Update - no update from diocese ● 5th Grade Health Education Update- moving towards separating boys and girls for the sex education discussion ● Internet Safety - trying to get Jesse Weinberger on our schedule to come speak to the kids and then do an evening session with parents. ● Additional Book Fair - considering an additional book fair like Ignatius to give our community some options. Mr DeMassimo and Mrs. Arciaga are going to talk to St. Paul's to see how they do it. ● School Counselor Update - Used to have mental health updates during COVID. Ted going to ask her for an update prior to our meetings to share with group. ● Mother/Son Dance - Mr. DeMassimo has a meeting to try to get this going ● Yearbook- don't currently have this club. Art Class does cover. Lifetouch takes pictures and they put it together. Clubs have to start with a teacher ● High School Update - <ul style="list-style-type: none"> o BW Girls soccer won state o BW Boys football in regional semis o St. Charles celebrates 100 years o St. Charles soccer state runner up o St. Charles water polo state champions o Bishop Ready regional finals football 	Ted Nix
9	<p>Vice Chair's Report: Athletic Association Report:</p> <ul style="list-style-type: none"> ● Sports Mass - Dec 1st 8:45am 	Shaun Castorano

	<ul style="list-style-type: none"> ● Fall Sports Wrap Up <ul style="list-style-type: none"> ○ 5th/6th Football, undefeated regular season and playoff champions. ○ We have opportunity to host true home games for our tackle teams next year. CYO has verbally committed to getting us 3 games, likely Labor Day double header with both 5/6 and 7/8 playing. SBAA will work to fund purchase of one or two portable goal post, as we have to have at least 1. Scoreboard is in place, and fully operational, thanks to the generosity of the Crawford Hoying Foundation, Converge Technologies/Hilliard City Labs, and the City of Hilliard. ○ Thank you to the Saint Brendan Golf Outing/Home and School Association for funding replacement of the Varsity Football away jerseys. ○ Flag Football, 1st-4th grade, total record 42-7; top team at each grade level; Saint Brendan hosted games every Saturday. Thanks to our program coaches for facilitating set up and clean up each week! ○ Cross Country, Middle School CYO Champions ○ Varsity Volleyball, Regular Season Division Champions ○ Boys Varsity Volleyball, CYO Final Four ○ JV Volleyball CYO Tournament Champions ○ 4th Volleyball, Regular Season Division Champions, no tournament for 4th grade ○ SBAA planning to finish replacement of dated volleyball program uniforms prior to next season. Thanks to the Saint Brendan Golf Outing, we have been able to replace roughly half so far. ● Winter Sports Participation and Teams <ul style="list-style-type: none"> ○ Cheer, 52 registrants with 26 each at 2nd/3rd and 4th-8th ○ 4-8 Hoops, 113 registrants with 47 girls and 66 boys. 4 8th Grade girls will play with Saint Michael, practicing a night each at Saint Michael and Saint Brendan <ul style="list-style-type: none"> ■ 4th grade boys, 2 teams ■ 4th Girls ■ 5th Boys ■ 5th Girls ■ 6th Boys ■ 6th Girls ■ 7th Boys ■ 7th Girls ■ 8th Boys, 2 teams ○ K-3 Clinics, 126 registrants with 80 boys and 46 girls <ul style="list-style-type: none"> ■ K-1; 70 total ■ 2-3; 56 total ○ 3 High School CYO teams <ul style="list-style-type: none"> ■ Freshman Boys ■ Sophomore Boys ■ Junior/Senior Girls 	
10	Adjourn 8:29 Next Meeting: January 14, 2025, Wellnitz	Ted Nix

Please Note: All committee and other reports for upcoming meetings are to be submitted as word documents ten (10) business days before the meeting to the School Advisory Board chair. The agenda and reports will be distributed by the School Advisory Board chair at least one week before the meeting.

St. Brendan Wellness Policy

St. Brendan recognizes that it is essential to educate the whole child, spiritually, academically, physically, socially and emotionally. Similarly, wellness education must be multi-dimensional and encompass all the same areas in order to promote ultimate health. Catholic schools aid this emphasis on total wellness by embracing the reverence for life, self-respect, and respect for others.

The primary goal of nutrition education is to positively impact eating behaviors.

Nutrition Education:

1. Wellness objectives concerning nutrition are supported through the Diocesan Health Course of Study grade-level indicators relating to diet, nutrition, and exercise. Additionally, similar grade-level indicators are included in the Science Course of Study.
2. Nutrition guidelines, food pyramids, charts, suggestions for healthy food choices will be displayed in or near the cafeteria, in the nurse's office, as well as in classrooms during the nutrition unit of instruction.
3. Snack breaks, if applicable, will be scheduled as necessary to maintain energy levels. Additionally, school policy will outline what types of healthy snacks may be eaten during this time.

The primary purpose of Physical Education is to promote physical fitness and to have students develop habits that will be beneficial throughout their lives.

Physical Education:

1. Physical fitness is supported through the Diocesan Physical Education Course of Study.
2. All elementary students and the designated grade levels in high school shall participate in Physical Education.
3. All appropriate grade levels will have scheduled recess times.
4. Discipline should not include loss of recess time except in rare instances.
5. Students will be encouraged to participate in school and community sports programs and to be physically active outside of school.

St. Brendan has activities in which both nutrition and physical education are inherent parts of the activities. Therefore, the school must be mindful of these connections when planning activities.

School-Based Activities

1. The Religion Course of Study supports reverence for life, self-respect, and respect for others, which are foundational concepts of wellness. All school-based activities are also rooted in these Religion Course of Study concepts.

2. St. Brendan does not use food as a reward for behavior, and minimize sugary treats for classroom celebrations.
3. Parents are encouraged to consider healthy food or non-food treats for birthdays and classroom parties.
4. Parents, students and school community are updated annually regarding the content and implementation of the wellness policy.
5. Teachers will be offered professional development in nutrition as is needed, and in physical activities that might be appropriate to incorporate in the classroom.

St. Brendan participates in the NSLP (National School Lunch Program) and must follow strict nutritional guidelines.

Nutrition Guidelines

1. St. Brendan lunch program must follow nutritional guidelines established by the Ohio Department of Education, Office of Child Nutrition Services.
2. Lunch periods are scheduled so as to provide nourishment within a reasonable time frame from the start of the school day.
3. St. Brendan evaluates food and beverage products sold during the school day (Smart Snack compliant) and determine nutritional guidelines for all foods and beverages that are available.
4. Water is available in the Cafeteria during the lunch periods. Drinking fountains are available throughout the school for all students.

St. Brendan measures and evaluates the implementation of our wellness policy as needed.

Food Allergy Policy

1. Will follow Diocesan policy 5141.3

The Diocese of Columbus schools strive to provide a safe environment for students with life-threatening food allergies. Parent(s)/guardian(s) should notify the school nurse and homeroom teacher of any life-threatening food allergy on or before the first of each school year or as soon as a food allergy is diagnosed. Each school year, parent(s)/guardian(s) and physicians will be required to complete, sign and return a "Food Allergy Action Plan" specific to the student with life-threatening food allergies. The school nurse will review all allergy information provided by the student's parent(s)/guardian(s) and physician and share this information with the appropriate teachers and staff. Parent(s)/guardian(s) will provide the school with the medications prescribed in the "Food Allergy Action Plan". Medications will be kept in the Clinic or with the student as specific needs dictate. Medications will also be available as part of the emergency preparedness kit in case of a lockdown/evacuation. The parent(s)/guardian(s) of a student with a life-threatening food allergy will provide a supply of "safe" snacks for use by their child. Parent(s)/guardian(s) of children with life-threatening food allergies are responsible for notifying bus transportation providers with information regarding their child's allergy

2. St. Brendan will email the Food Allergy & Anaphylaxis Emergency Care Plan to the parents/caregivers of students with food allergies mid-summer for completion. Completed forms should be returned to school prior to the first week of school. They may be mailed, faxed to emailed to the nurse.
3. The nurse will ensure all appropriate staff members are notified of the student's food allergy prior to the first day of school.
4. All staff will be trained on the signs and symptoms of anaphylaxis and how to administer emergency medication, yearly.
5. Safe snack lists will be provided to all classes. While St. Brendan is not a nut free school, every effort to avoid classroom snacks with common allergens should be taken.
6. The nurse will be available prior to the first day of school for discussion, medication, and paperwork drop off.
7. Students with a defined peanut/tree nut allergy will receive a nut free lunch tray.

Mental Wellness Education:

The primary purpose of mental wellness education is to promote the social and emotional wellness of each student and help him or her develop healthy coping skills that will be beneficial throughout his or her life.

1. All St. Brendan students shall participate in mental wellness classroom guidance lessons lead by the School Psychologist and Intervention Specialists.
2. All St. Brendan students have equal access to work with the School Psychologist in the event that they need assistance with social/emotional challenges.
3. Social Skill groups and lunch groups are available to address social skill development and promote modeling practices and generalizations.

Measurement and Evaluation:

1. The policy shall be reviewed regularly to evaluate school-wide compliance and effectiveness.
2. Based on the regular reviews, St. Brendan will determine any revisions necessary to support wellness in our school.
3. Whenever applicable, students could monitor wellness through activities such as monitoring their heart rate, or keeping a food and/or exercise journal.